## What you need:

- 1. The others at home with you
- 2. A special light. It can be a candle or sidelight or torch
- 3. The Chat Mat (you may need more than one copy!)
- 4. The story

## What to do:

- 1. Get everyone together
- 2. Take 3 calm breaths together
- 3. Switch on your light and say our school assembly prayer:

"Jesus, light of the world, be with us today, amen."

- 4. Read this week's story
- 5. Then have a go at the chat mat.
- 6. After a while, stop and say the Lord's prayer together:

Our Father, who art in heaven,
Hallowed be your name.
Your kingdom come,
your will be done on earth as it is in heaven.
Give us this day our daily bread
and forgive us our trespasses, as we forgive those who
trespass against us.

And lead us not into temptation but deliver us from evil. For thine is the kingdom, the power and the glory for ever and ever. Amen.

## 7. Remember to switch off the light!







